



viamonde

Travel & Adventure

www.viamonde.com



Tailor-made educational and adventure tours in
Nepal for children from 12-17

An experience of a lifetime in the largest natural museum in the world



Our fully-inclusive tours provide an unforgettable experience in this beautiful country and offer a unique opportunity for students to learn independence, participate in challenging activities and discover a history and culture not found anywhere else in the world.

Nepal is one of the richest countries in the world in terms of bio-diversity, due to its unique geographical position and altitude variation. Green paddy terraces, wind-swept deserts, dense forests and marshy grasslands greet the visitor with the constant backdrop of the snow-capped Himalayas. Culturally and historically, Nepal is also rich and diverse and a melting pot of Hinduism and Buddhism, which have co-existed down the ages.



Carefully planned and varied itineraries

Our comprehensive tour itineraries balance physical activities and challenges with cultural visits and conservation presentations. Our itineraries are fully-customisable to meet a group's particular requirements, but we do recommend that trekking be the focus of the itinerary as it offers the most rewarding way to experience Nepal's culture and natural environment. The trek (typically 4 days along well-established trails) offers the rare and unique opportunity to make close contact with rural people living in much the same way as generations ago, without many possessions the developed world takes for granted. The Nepalese people are by nature friendly and welcoming of tourists and trekking with children gives an extraordinary source of

contact. Although challenging, our treks are suitable for anyone with an average level of fitness and do not require any particular skills or experience.

Depending on the length of the tour, typical itineraries will include, in addition to the trek, mountain biking in the Kathmandu valley, rafting and camping on the Seti river, a stay at a wildlife resort in the Chitwan National Park and guided visits to UNESCO heritage sites in Kathmandu and Bhaktapur.



Knowledgeable, English-speaking, guides

Every tour is led by an experienced and knowledgeable Viamonde guide who will coordinate every detail of the itinerary from arrival at Kathmandu airport to departure at the end of the tour. The guide will be with the group at all times, working closely with the accompanying chaperones to ensure that the tour meets all their requirements.



Safety and support

Viamonde takes safety extremely seriously and only works with long-established, fully-accredited, local suppliers with experience of international groups of children. The Viamonde tour guide is equipped with a satellite phone throughout the tour, is trained in first aid and CPR and carries first aid supplies. Excellent medical care is available in Kathmandu and helicopter rescue established throughout the areas we visit. A qualified and experienced Sidar (Nepalese guide) will accompany every tour.



Healthy, varied and plentiful meals

We understand the unique requirements of our international clientele and ensure that all the meals served are popular, healthy and plentiful. As well as local dishes, international food is always available and vegetarians are well catered for. We only stay at established hotels where food is prepared for international guests under hygienic conditions and all water served for drinking or used in food preparation is treated. Whilst on the trek and at the rafting camp, food will be more simple, but still plentiful to reflect the day's physical activities.

Online photo gallery for parents

To allow parents to follow their child's progress, an online photo gallery is maintained throughout the tour and is available indefinitely thereafter. As often as possible, a selection of photos from the various activities will be posted to the gallery for parents to browse and download. In addition, the gallery offers an incoming e-mail service for parents to keep in contact with their child.

Fully-inclusive itineraries

With Viamonde, there are no hidden extras. All our Nepal tours include the following:

- Full-board accommodation in quality, established, hotels and campsites
- Full programme of activities, including all entrance fees, internal flights, bus transport, guides, etc.
- Safety equipment (mountain bike helmet, rafting helmet, rafting life jacket, etc.)
- Airport taxes (internal flights), conservation taxes, tips for hotel staff, drivers and guides
- Free places for accompanying chaperones

Contact us

If you would like more information on any of the programmes we offer, or a personalised quote for your group, please do not hesitate to contact us:

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